

FACE

esse CERTIFIED ORGANIC FACIALS

Balancing (30 min)	280
Hydrating (30 min)	280
Anti-aging (60 min)	420
Detox cleanse (60 min)	360

TheraVine
SKIN SCIENCE

MEN

MENS Balancing facial (45 min)	320
MENS Anti-aging facial (60 min)	440

ADD ON:

Collagen-building avocado oil	
Décolleté massage (15 min)	80
Foot massage (15 min)	80

THREADING

Upper lip	35
Eyebrows	40
Full Face	120
Eyelash tinting	80
Eyebrow tinting	90



Packages offered, tailor-made for you or a loved one. Bridal Packages and Special Occasions.

LATE ARRIVALS:

Your treatment duration will be reduced accordingly, you will however be charged for the full treatment.

GIFT VOUCHERS AVAILABLE

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THE WELLNESS SPACE

Treatment menu



OZONE
4health

THE OLD MILL
Country Spa
Beauty Inside & Out

BODY

TherANAKA BODY TREATMENTS

Full body exfoliation (60 min)	400
Gel Wrap (90 min)	650
Full body gel wrap followed by a Baobab body massage	
Full body exfoliation (90 min)	650
Full body exfoliation followed by a Baobab body massage	
Mud wrap (90 min)	650
Full body mud wrap followed by a Baobab body massage	

HEALTHWAY LIVING CLAY

Deep cleansing mud wrap (60 min)	400
Detoxifying mud wrap (60 min)	400
Rejuvenating mud wrap (60 min)	400

FEET & LEGS

Luxury Pedi (60 min)	250
Leg & foot massage (30 min)	200
Reflexology (60 min)	350

OZONE TREATMENTS

Steam sauna pod (30 min)	300
Couples ozone	500

Packages:	
5 treatments (280 per session)	1400
10 treatments (250 per session)	2500
Ozone sauna with insufflation	320
Rectal ozone insufflation	300

Massage

Old Mill Full Body Massage (60 min)	350
Back, Neck & Shoulders (30 min)	220
Back, Neck & Shoulders (45 min)	300
Hot Candle back, neck & shoulders (30 min)	275
Hot Candle Massage Full Body Massage (60 min)	380
Indian Head Massage (30 min)	200
Indian Head massage (60 min)	400

TherANAKA SIGNATURE MASSAGE

Avocado and shea butter (60 min)	440
African Wood (90 min)	550
Tri-scented Shea Butter nuggets (60 min)	450
African Awakening (75 min)	500

COUPLES

Candlelight Massage (60 min)	700
Candlelight Massage with chocolate fondue	760
Candlelight Massage (90 min)	950
Couples ozone sauna	500
Couples Ozone & Massage (2 hours)	1150
NEW Couples balancing facials (45 min)	600
NEW: Couples anti-aging facials (60 min)	800



PACKAGES

BFF – day out (2 hours) 600 pp

- Welcome drink
- Relax & unwind in warm, steamy ozone pods
- Balancing facial
- 30 min back, neck & shoulder massage

Couples overnighter 1600

- Welcome drink
- Relax & unwind in warm, steamy ozone pods
- 60 min Massage by candlelight
- Complimentary bottle wine/fruit juice
- Chocolate fondue
- Overnight Accommodation

WEEKLY & MONTHLY SPECIALS:

Please check our website and Facebook pages for fabulous monthly specials



TherANAKA™
SOUTH AFRICA